

Sermon Discussion Questions: August 9, 2026

Through the Blood

Sermon Series: Running the Race of Faith

Passage: Hebrews 9:11-28

Before you answer a single question, I want you to stop and pray for each of your brothers and sisters in your small group. Pray that the LORD who has spilled his blood to wash you clean from your guilt would allow you to trust each other enough to confront your guilt and believe his blood can take it away.

1. The author of Hebrews is lovingly confronting us in chapter 9 with the reality that our sacrifices can never get rid of our guilt and appease our guilty consciences (see V.9, 13-14). The first step in solving a problem is acknowledging that it exists. So, in that spirit what guilt is hanging over your head this week? What is causing you to feel regret? What in your past grieves you to think about? Listen well and love your neighbor.
2. You can believe that Jesus' blood will wash your guilt away while never actually washing in it. How have each of you tried, and continue to try, to get rid of your guilt apart from Jesus? Did it work?
3. As you think about what your friends have shared about their battle with guilt, how can you encourage them in what they're already doing, and how would you lovingly encourage them to wash in the savior's blood?
4. Read Hebrews 9:28 - It's clear that Jesus's blood has already washed away all guilt for anyone who believes in him, and yet Christians still wrestle with guilt all the time. The author is telling us that though Jesus has already crushed the head of the serpent, we still feel the sting of it's venom in our hearts, so wait eagerly for the good doctor to return. What are practical ways that we can wait with hope while wrestling with guilt?