

**Sermon Discussion Questions: July 19, 2026**

***Hold on to the One Who Holds on to You***

Sermon Series: Running the Race of Faith

Passage: Hebrews 5:11-6:12

1. Can you share a time that someone said or did something, that maybe even was hard to receive, to attempt to save you from danger? How did you respond—both in the moment and later?
  - How do you tend to view spiritual immaturity and maturity? What do you tend to use to measure your own maturity and the maturity of others?
2. What's your reaction to how the author of Hebrews describes spiritual immaturity and maturity?
  - What are some ways you would like to enjoy some growth in spiritual maturity? What help might you need in this?
3. What are some relationships or situations that you could move towards or into that would require you to depend on God more deeply?
  - What challenging circumstances or relationships are you facing now in which you'd like to do a better job living out of your identity in Christ and being more resilient?
4. What's your reaction to Hebrews 6:4-8? Do you still have questions about what the author of Hebrews is saying? How did Mark's sermon offer any clarity for you (if it did)?
  - How might you more effectively deal with your own doubts about your standing with God?
5. What encouragement did you receive from this passage and sermon?
  - How might God be calling you to respond to this passage and sermon?