



CHURCH OF THE

Good Shepherd

## Sermon Discussion Questions: May 17, 2026

Passage: James 5: 13-16

1. What are some barriers you face (within and without) that make it hard for you to pray? What from this passage might help you overcome some of these barriers?
2. Matt began his sermon with a story about a pendulum experiment in physics class (have someone explain it) to illustrate that our behavior often reveals more about our true beliefs than our stated beliefs. What are some “faith commitments” revealed by your lack of prayer? What examples did Matt give and which ones resonate most with you?
3. How might your lack of faith actually fuel your prayer life?
4. What are some sins you have been struggling with lately that you could confess to your brothers and sisters now? Is there someone from whom you need to ask forgiveness?
5. What are some things others have done/not done that you need to forgive?
6. How might regular confessing of sins among our church draw outsiders into our community?
7. What is some suffering you’re enduring that you can ask your community group to be praying for? How can they be praying for YOU and your HEART in this suffering, in addition to asking God to change the circumstances of your suffering?
8. Matt concluded by calling attention to the fact that your heavenly Father is activated by our neediness. How might this truth change our prayer lives?