

Sermon Discussion Questions: March 1, 2026

Savior of the Desperate

Sermon Series: Learning the Way of Jesus

Passage: Mark 5:21-43

1. Where do you go when you're desperate?

Think about a recent season of stress, fear, or uncertainty. What did you instinctively reach for—work, distraction, control, other people, something unhealthy, or Jesus? What does that reveal about where you place your trust?

2. Jairus and the bleeding woman are very different—but united by need.

In what ways do you tend to define yourself (status, background, personality, beliefs)? How does remembering that we are united by desperation—not merit—reshape the way we see ourselves and others in the church?

3. “Do not fear, only believe.” (Mark 5:36)

Where in your life do circumstances feel louder than Jesus right now? What would it look like, practically, to let his voice interpret your reality instead of your fear or the opinions of others?

4. God's timing often feels slow in our desperation.

Have you experienced a time when God seemed delayed but later proved faithful in a deeper way than you expected? What did that process teach you about faith—not as a feeling or formula—but as entrusting yourself to a Person?

5. The flyer must trust the catcher.

In light of the trapeze illustration (from Henri Nouwen), what does it mean for you this week to “hold out your arms” instead of trying to control the outcome? Where do you need to stop trying to catch the catcher and simply trust that Christ has already grasped hold of you?

If it's helpful, you might close your time by sharing one specific area of desperation and praying for one another to hold on to Jesus together.