



COOKIE

CRUMBS

CATECHISM



Biblical Basics for Littles

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Lesson 8



# COOKIE CRUMBS & CATECHISM

## PARENT / TEACHER CORNER:

Parents/teachers, feel free to choose as many activities as you and your student are able and willing to do. Every family is different so don't feel pressure to try to complete all of the activities, but if your child is engaged, go for it!

<b>GOAL</b>	Introduce/memorize Q&A 9
<b>THEME</b>	God is bigger than our 5 senses.
<b>SCRIPTURE</b>	Genesis 1:1-2; John 4:23-24; 2 Corinthians 3:17-18
<b>CATECHISM</b>	Q9: What is God? A9: God is a Spirit and does not have a body like men.
<b>MATERIALS</b>	A candle, matches (supervised).

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## SUNDAY MORNING

### OPENING:

Pray together (to the tune of Frere Jacques):

*"Thank you God, Thank you God, for to-day, for to-day; and your many blessings, and your many blessings. A-men. A-men.."*

Listen/sing this week's song: **"Q9" from "Ask Me Whooo"** by Diana Beach Batarseh

**“Q: What is God? A: God is a Spirit and does not have a body like men.”**

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**INTRODUCE & REVIEW:**

(Review previous week’s Q&A) Read question & answer aloud the 1st time (use hand motions if helpful). Have them repeat it with you the 2nd time. The 3rd time, ask them the question, & have them answer (help if needed).

**LESSON:**

**SAY/READ:** We learn about God in the Bible. The Bible is God’s word to us. In the Bible we learn that God is a Spirit & does not have a body like us.

There is no one & nothing like God - He made everything & nothing made Him. And since nothing made Him, he does not have a body like we do - He is a Spirit. We cannot see God’s Spirit with our eyes or touch it with our hands, but we can see its power & effect on people’s hearts & lives. Like when someone who has been mean says they are sorry & starts to be kind.

Think about love - how do you see love? Can you touch love? Can you smell love? Not really! You don’t ever really SEE love, but you can definitely feel that warm feeling in your heart & you can definitely share it with others - like when you give someone who is sad a hug, or when you share your toys with a new friend. Just because we can’t see or touch or even smell something doesn’t mean it isn’t real, just like God’s Spirit! God is bigger than our 5 senses!

Thank you God for being bigger than our 5 senses & for sending your Spirit to help us! We love you!

**OBJECT LESSON: “Wind & Breath”**

**MATERIAL(S):** A candle, matches (supervised).

**SAY:** Ok, I want everyone to do what I do. Take a deep breath in (inhale) and now blow it out (exhale). Good! Now I want you to do it again, but THIS time I want you to put your hand a few inches in front of your face - don’t cover

your mouth, just hold your hand in front. Okay, 1-2-3, go! (inhale, exhale)

**ASK:** What did you feel on your hand when you went like this (mimic exhaling)? (warmth, felt something moving/blowing on your hand, etc.)

**ASK:** Good! Now can anybody tell me what you saw? Did you see anything? (hopefully no one says they saw anything)

**SAY:** But wait - we all felt something! Surely if we can FEEL something, we should be able to see it, right?! Let's try something else...

< Take out candle & light it >

**SAY:** Ok, I want you to look carefully at the fire and the candle & tell me what happens when I blow.

< Step away from the candle and slowly blow, being careful not to blow it out >

**ASK:** Now what did you see that time? (Saw the flame move, flicker, etc.)  
Awesome - now, did you see anything making the flame move? (No.) What if I wave my hand? Do you see anything then?

**SAY:** No - that's right. We can't see the air moving, but we can see it's effects on things around it.

**CONCLUDE:** It's kind of like when the wind blows through the trees - you don't ever really SEE the wind, but you know that when you see trees swaying back and forth, that it's the wind making them move! And that's kind of the same when we talk about God being a Spirit - we can't see a spirit with our eyes, and it's hard for us to describe or fully understand. But we CAN see the effects of it, like when someone helps someone else who is hurt or in need - that is the Spirit working & moving in people's hearts, helping them to do the good things God asks us to do! Wow - isn't that amazing? Thank you God for your Spirit & working in our hearts to better love you and love your people!

**SCRIPTURE:** John 4:24 "God is spirit, and those who worship him must worship in spirit and truth."

**REVIEW: Q9:** What is God? **A9:** God is a Spirit and does not have a body like men.

**CLOSING PRAYER:** "Dear God, thank you for your Spirit & for giving us your Bible to know more about who you are. Thank you for never leaving us - you are so, so good to us. We love you. Amen."

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## IDEAS FOR THE WEEK

Below are a few songs, stories, activities, etc. to help reinforce the lesson & theme throughout your daily lives. Feel free to choose as many or as few activities as you and your little are able and willing to do. Every family is different so don't feel pressure to try to complete all of the activities, but if you're child is engaged, go for it!

### **SING:**

"Q9" from "Ask Me Whooo" by Diana Beach Batarseh

"Need to Know You" by Rend Co. Kids

"What is God?" by Family Devo

"God is Spirit and Truth (John 4:23-24)" by Seeds Family Worship

### **READ/WATCH:**

+ Read Acts 2 or watch when "God Sends the Holy Spirit" by Saddleback Kids.

+ Read the story of Jesus' Baptism (Matthew 3) or watch "Baptism of Jesus" by Saddleback Kids.

### **DO:**

**Practice** reciting this week's catechism during your meals together this week.

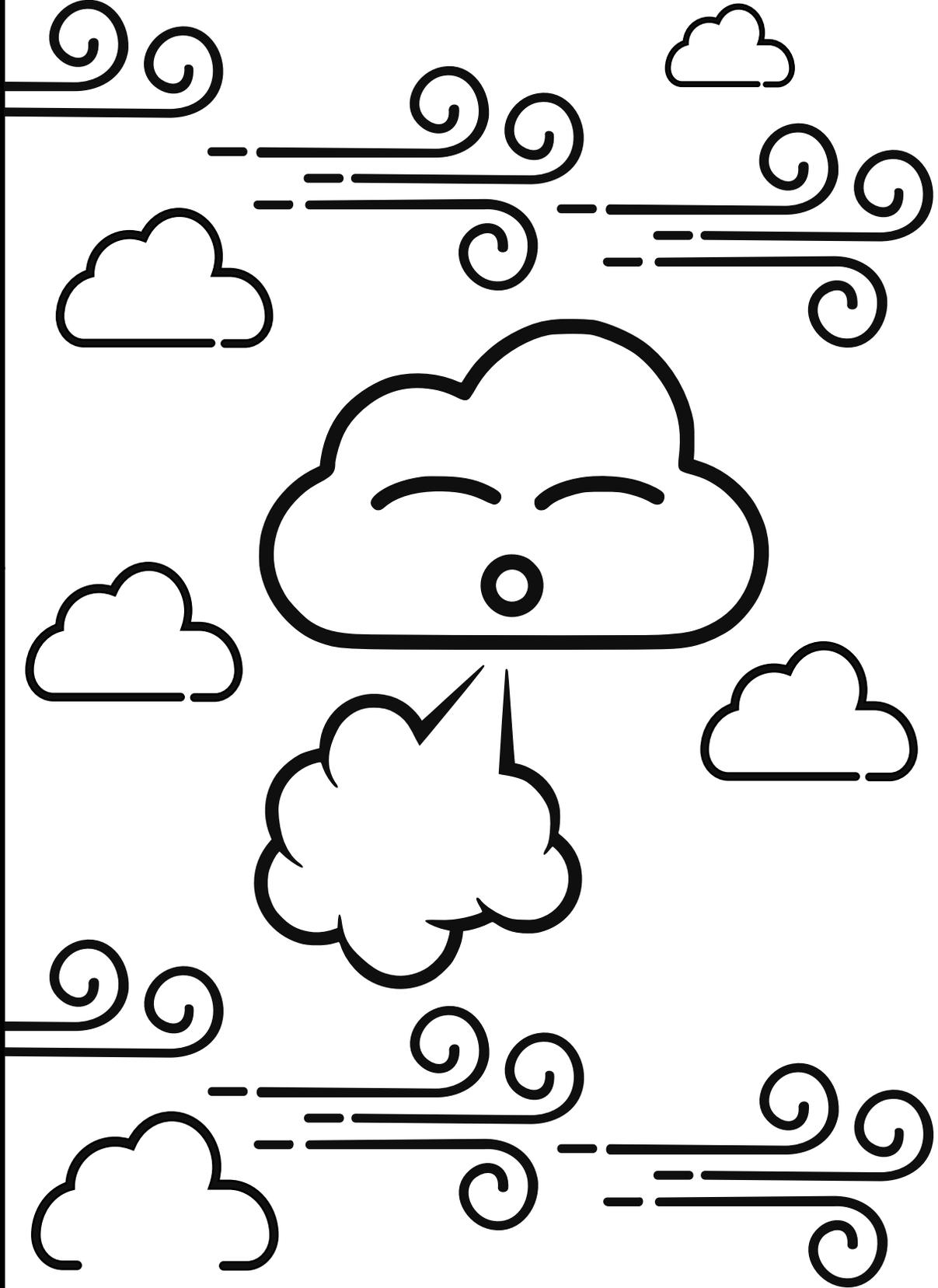
**Bake** our Cookie Of The Week recipe with your little. Take the time to talk about the lesson, about God, etc. Enjoy the messy, but special time together!

**For older littles:** Get a plastic cup & straw for each person playing. Line up plastic cups at one end of a long table. When ready, race to the other end by blowing the cups across the table with your straw. First person to get their cup across the finish line wins!

**For younger littles:** Play "Don't Let it Drop" - blow up a balloon and toss it up in the air and try not to let it drop with your kiddo.

Q.9

# COOKIE CRUMBS & CATECHISM



A series of horizontal lines for writing the answer to the question.





# COOKIE CRUMBS & CATECHISM

Biblical Basics for Littles

YOUR NAME HERE

RECIPE BOOK

## CHOCOLATE CHIP CLOUD

### INGREDIENTS

- 1/2 cup egg whites, room temperature
- 1/8 tsp cream of tartar
- 1/2 cup sugar
- 1 tsp vanilla extract
- 2 tbsp unsweetened cocoa powder
- 1 cup chocolate chips

**YIELD**  
~30 cookies

### INSTRUCTIONS

1. Heat oven to 300°F. Cover cookie sheet with silpat or nonstick silicone pad.
2. Using a mixer, beat the egg whites and cream of tartar together in large bowl at high speed until soft peaks form. Gradually add sugar a little at a time, then vanilla, beating well after each addition until you get stiff peaks, the sugar is dissolved and the mixture is glossy.
3. Sift cocoa onto egg white mixture; gently fold until combined.
4. Fold in chocolate chips. Drop mixture by heaping tablespoons onto cookie sheet. Makes 30 to 32 cookies.
5. Bake 34 to 40 minutes or just until dry. Cool slightly; remove from cookie sheet. Cool completely on wire rack. Store covered, at room temperature.

Cookie Recipe: *Skinny Taste*

Q

What is God?

A

God is a Spirit and does not have a body like men.

