



COOKIE

CRUMBS

CATECHISM



Biblical Basics for Littles

Lesson 7



COOKIE CRUMBS & CATECHISM

PARENT / TEACHER CORNER:

Parents/teachers, feel free to choose as many activities as you and your student are able and willing to do. Every family is different so don't feel pressure to try to complete all of the activities, but if your child is engaged, go for it!

GOAL	Introduce/memorize Q&A 7 & 8
THEME	God is a God of relationship.
SCRIPTURE	Matthew 3; John 1:1, 14; Colossians 1:15; John 10:30; Matthew 28:18-19
CATECHISM	Q7: In how many Persons does this one God exist? A7: In three persons. Q8: Name these three persons. A8: The Father, the Son and the Holy Spirit.
NOTE	The topic of the Trinity is difficult to teach & understand at any age. This brief video compiled by The Bible Project was helpful in preparation for this lesson.
MATERIALS	Sunlight or a flashlight & a prism (if you do not have a prism you can use the reflection of light off of a diamond on a ring, or a pair of glasses—it just needs to be able to alter/change light into a rainbow/different colors).

“Q7: In how many persons does this one God exist? **A7:** In three persons. **Q8:** Name these three persons. **A8:** The Father, the Son, and the Holy Spirit.”

SUNDAY MORNING

OPENING:

Pray together (to the tune of Frere Jacques):

“Thank you God, Thank you God, for to-day, for to-day; and your many blessings, and your many blessings. A-men. A-men..”

Listen/sing this week’s song: **“Q7&8”** from **“Ask Me Whooo”** by Diana Beach Batarseh

INTRODUCE & REVIEW:

(Review previous week’s Q&A) Read question & answer aloud the 1st time (use hand motions if helpful). Have them repeat it with you the 2nd time. The 3rd time, ask them the question, & have them answer (help if needed).

LESSON:

SAY/READ: We learn about God in the Bible. The Bible is God’s word to us. In the Bible we learn that there is one true God & that He exists in three persons –the Father, the Son (Jesus), and the Holy Spirit.

Like we have been learning, there is no one & nothing like God - He made everything & nothing made Him. And since He made us & everything, it’s sometimes hard to FULLY understand who God is or what He is like. Our ways of understanding Him aren’t always perfect.

But that doesn’t mean He is completely unknown to us. God reveals Himself to us in the Bible & in the Bible we learn that He exists in three persons - God the Father who loves us & created us, the Son (Jesus) who rescues us, and the Holy Spirit who guides & helps us every day. Each person of God uniquely shows us His heart for us to be with Him, for His love for His people & His faithfulness. That is why we glorify Him and only Him because there is no one else like Him!

Thank you God for being our Father, for sending your Son to rescue us, and sending your Holy Spirit to help us! We love you!

OBJECT LESSON: "Prisms & Light"

MATERIAL(S): Sunlight or a flashlight & a prism (if you do not have a prism you can use the reflection of light off of a diamond on a ring, or a pair of glasses—it just needs to be able to alter/change light into a rainbow/different colors).

SAY: We've been learning a lot about light recently—we've learned how some lights are brighter than others, and how a mirror can reflect light & make a room brighter. Well today, we are going to continue to learn some more about light!

ASK: Light is a funny thing. It seems pretty straightforward, right? What color would you say light is? (let them answer) Would you be surprised if I told you that white light is actually made up of different colors?!

SAY: That's right—even though when we look at white light with just our eyes, we typically just see white light, but if you take a closer look, it is actually made up of the colors of the rainbow!

< Take out prism & light source >

ASK: Does anyone know what this is? It's a prism! And a prism can help us see light in a way that our eyes can't see on their own. Now, when we hold up light to this prism, I want you to look and see if you notice anything changes in the room.

< Shine light on prism, or hold prism up to sunlight from a window; hopefully small rainbows will form on the walls around the room >

ASK: Now what do you see on the walls? (Rainbows) That's right rainbows! Inside of this light are all the colors of the rainbow! Isn't that amazing? Let's try it again.

< Move the light and prism closer and farther apart so they can see how the two are related >

SAY: But how can light be white AND be made of colors?! How can that be?! Doesn't it have to be one or the other?? That kinda makes my head hurt to think about, but it's also awesome at the same time.

CONCLUDE: It kind of makes me think about how we learned that there is only ONE true God and yet also learned this week how there are THREE persons that God exists—the Father, the Son and the Holy Spirit. It makes my head hurt to think about, but is also awesome to think about at the same time —like how light be white AND colorful at the same time, there is ONE God but exists as THREE persons all at the same time. It doesn't seem to make much sense when we first look at it, but when you take a closer look at the Bible, we see a little bit more of the awesome mystery of who God is & learn that the ONE true God exists in three persons & loves you the most and wants to rescue you & be with you. Thank you God for loving us & sending your son to rescue us, and your Holy Spirit to help us like no one else can!

SCRIPTURE: Matthew 28:18-19 "Jesus came and told his disciples, "I have been given all authority in heaven and on earth. Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit."

REVIEW: Q6: In how many Persons does this one God exist?

A7: In three persons.

Q8: Name these three persons.

A8: The Father, the Son and the Holy Spirit.

CLOSING PRAYER: "Dear God, thank you for being our one true God & for sending your Son to save us and your Holy Spirit to help us. You never leave us and are so, so good to us. Thank you for loving us & giving us the Bible to learn about you. We love you. Amen."

IDEAS FOR THE WEEK

Below are a few songs, stories, activities, etc. to help reinforce the lesson & theme throughout your daily lives. Feel free to choose as many or as few activities as you and your little are able and willing to do. Every family is different so don't feel pressure to try to complete all of the activities, but if your child is engaged, go for it!

SING:

["Q7&8" from "Ask Me Whooo"](#) by Diana Beach Batarseh

["Doxology / Shout for Joy"](#) by Getty Kids Hymnal

["Trinity Song"](#) by Sandra McCracken

READ/WATCH:

+ Read the story of Jesus' Baptism (Matthew 3) or watch ["Baptism of Jesus"](#) by Saddleback Kids.

+ Or read Acts 2 or watch when ["God Sends the Holy Spirit"](#) by Saddleback Kids.

DO:

Practice reciting this week's catechism during your meals together this week.

Bake our Cookie Of The Week recipe with your little. Take the time to talk about the lesson, about God, etc. Enjoy the messy, but special time together!

For older littles: Learn how to play Rock, Paper, Scissors or play tic-tac-toe outside with chalk.

For younger littles: Play Duck, Duck, Goose. If there aren't enough people, feel free to add their favorite stuffed animals to "play" along.

Q.7
Q.8

COOKIE CRUMBS & CATECHISM



G

Father

O

Son

D

Holy Spirit





COOKIE CRUMBS & CATECHISM

Biblical Basics for Littles

YOUR NAME HERE

RECIPE BOOK

1 DOUGH NEAPOLITAN COOKIES

YIELD
~32 cookies

INGREDIENTS

For the Base Dough

- 2 and 1/2 cups (310g) all-purpose flour (spoon & leveled)
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1 cup (230g; 2 sticks) unsalted butter, softened to room temperature
- 1 cup (200g) granulated sugar
- 1 large egg + 1 egg yolk, at room temperature* (see website for note)
- 1 and 1/2 teaspoons pure vanilla extract
- *optional*: 1 Tablespoon water and coarse sugar for sprinkling on top*

For the Strawberry Dough

- 1 and 1/2 Tablespoons (12g) all-purpose flour
- 1 Tablespoon (20g) strawberry jam
- 1/2 teaspoon almond extract*

Q7

In how many persons does this one God exist?

A7

In three persons.

Q8

Name these three persons.

A8

The Father, the Son, and the Holy Spirit.



- pink or red food coloring*
- *optional*: 1/4 teaspoon strawberry extract for extra flavor*

For the Chocolate Dough

- 1 and 1/2 Tablespoons (8g) unsweetened natural cocoa powder (or dutch process)
- 1 ounce (28g) semi-sweet chocolate, melted and slightly cooled

INSTRUCTIONS

1. Make the dough: Whisk the flour, baking powder, and salt together in a medium bowl. Set aside.
2. In a large bowl using a hand mixer or a stand mixer fitted with a paddle attachment, beat the butter and granulated sugar together on medium-high speed until creamed, about 2 minutes. Add the eggs and vanilla extract and beat on high speed until combined, about 1 minute. Scrape down the sides and up the bottom of the bowl and beat again as needed

to combine.

3. Add the dry ingredients to the wet ingredients and mix on low until combined. Dough will be thick and sticky. Remove from the mixing bowl. No need to rinse out the mixing bowl.
4. Divide the dough into 3: There's about 30 ounces of dough (1 lb, 14 ounces). Divide into three equal portions, about 10 ounces each. One portion is your vanilla dough. Nothing will be added to it. Set vanilla dough aside. The other two portions will be your strawberry dough and chocolate dough.
5. Make the strawberry dough: Place one portion of dough back into the mixing bowl. Add all of the strawberry dough ingredients. I recommend starting with 1 drop of red or pink food coloring. Beat on low speed until dough is combined. Add another drop or 2 of food coloring until you reach the pink color desired. For the pictured cookies, I only used 1 drop of dusty rose gel food coloring. Remove from the mixing bowl. No need to rinse out the mixing bowl.
6. Make the chocolate dough: Place last portion of dough back into the mixing bowl. Add all of the chocolate dough ingredients. Beat on low speed until dough is combined.
7. Shape and chill cookie dough: See step-by-step photos above showing this following step so you have a better understanding. Line a 9x5 inch loaf pan with aluminum foil or parchment paper, leaving an overhang on the sides to lift the chilled cookie dough out. I recommend layering the cookie dough into the pan in the following order: strawberry dough on the bottom, vanilla dough in the middle, chocolate dough on top. Using your hands, press each dough layer firmly and evenly into prepared loaf pan.
8. Cover loaf pan tightly and chill dough in the refrigerator for at least 3 hours (and up to 4 days) or 1 hour in the freezer. (See make ahead tip if you wish to freeze longer.)
9. Preheat oven to 350°F (177°C). Line 2 baking sheets with parchment paper or silicone baking mats. Set aside.
10. Slice and bake: Lift dough out of the pan using the overhang of parchment paper on the sides.

You'll have a 9x5 inch block of dough. Slice in half lengthwise so you have two 2.5 x 9 inch rectangles. Use a sharp knife to trim off the ends so the rectangles are 8 inches long. Slice each into 16 cookies. Each cookie is 1/2 inch thick. Trim the cookie edges to make neat rectangles, if desired.*

11. Arrange cookies 2-3 inches apart on the baking sheets. If desired, brush each lightly with egg wash (see recipe note) and sprinkle with coarse sugar. Bake for 11-13 minutes or until lightly browned around the edges.
12. Remove from the oven and allow cookies to cool on the baking sheet for 5 minutes before transferring to a wire rack to cool completely.
13. Once cool, enjoy cookies or dip in melted chocolate. See recipe note.
14. Cookies without chocolate coating will stay fresh covered at room temperature for 1 week. Cookies with chocolate coating will stay fresh covered at room temperature for 3 days or in the refrigerator for 1 week.

Cookie Recipe: sallysbakingaddiction.com