



COOKIE

CRUMBS

CATECHISM



Biblical Basics for Littles

Lesson 5



COOKIE CRUMBS & CATECHISM

PARENT / TEACHER CORNER:

Parents/teachers, feel free to choose as many activities as you and your student are able and willing to do. Every family is different so don't feel pressure to try to complete all of the activities, but if your child is engaged, go for it!

GOAL	Introduce & memorize Q&A 5
THEME	God takes care of me and He is the one who loves me most.
SCRIPTURE	Psalm 23; Matthew 10:29-31; Matthew 6:25-34; John 3:16
CATECHISM	Q5: Why are you to glorify God? A5: Because he made me and takes care of me.
MATERIALS	Things from nature (can be real or pretend or a picture), like different types of flowers, a tree branch with leaves, toy birds, any type of stuffed animal, etc.

SUNDAY MORNING

OPENING:

Pray together (to the tune of Frere Jacques):

"Thank you God, Thank you God, for to-day, for to-day; and your many blessings, and your many blessings. A-men. A-men.."

Listen/sing this week's song: "[Q4-5](#)" from "[Ask Me Whooo](#)" by Diana Beach Batarseh

“Q: Why are you to glorify God? A: Because he made me and takes care of me.”

INTRODUCE & REVIEW:

(Review previous week’s Q&A) Read question & answer aloud the 1st time (use hand motions if helpful). Have them repeat it with you the 2nd time. The 3rd time, ask them the question, & have them answer (help if needed).

LESSON:

SAY/READ: We learn about God in the Bible. The Bible is God’s word to us. In the Bible we learn that God made us and that He continually takes care of us. In the Bible we see lots of examples of where God takes care of His people, like in the story of Daniel in the lion’s den.

But let’s think about people who take care of you for a minute. Do you have any grown ups that take care of you? Of course! You have grown ups that probably help you get dressed, make you yummy food & take you fun places to run around and enjoy! They also probably give you hugs when you are sad or scared, or maybe make silly faces to make you laugh - there are lots of ways they take care of you!

Now when they started taking care of you, was it because you asked them to? No, of course not! They started to take care of you because they LOVE you. You were made special just for them & as a result they take care of you every day. But does that mean that they do exactly what you want when you want it? Of course not, because sometimes what we want isn’t necessarily what is best for us, like only eating cookies all day every day.

But did you know that, in sort of the same way, God made us special for Himself & started taking care of us before we could even ask for help? Yep! He sure did! And He still takes care of us everyday because He LOVES us! Now, does that mean He gives us anything we want, whenever we want it? Nope! God is the one who knows what is best for us & sometimes it’s not always what we want. But as much as the grownups that help take care of you love you to the moon and back, God loves you even more! Can you even

imagine that?! God is the one who loves you MOST! He takes care of you every night while you are asleep and every day while you are awake!

And because we know that God made us & takes care of us, we get to say a BIG THANK YOU to God by doing the good things He asks & shining a big light on how good He is for others to see!. Thank you God for loving us & taking care of us each and every day!

OBJECT LESSON: "God Cares: Birds & Flowers"

MATERIAL(S): Things from nature (can be real or pretend or a picture), like different types of flowers, a tree branch with leaves, toy birds, any type of stuffed animal, etc.



< hold up a picture of or different types real flowers; try to find some really pretty ones >

SAY: Does anyone know what these are? (Flowers!)

SAY/ASK: That's right, these are flowers! Aren't they BEAUTIFUL? There are so many different types of beautiful flowers - these ones are <name the types of flowers you have>. Do you have a favorite type of flower? (let them answer)

SAY: Wow - those are some of my favorites too! I love to take walks around my neighborhood & see all the different types of flowers that I can find.

ASK: But, I have a question - how do all those flowers grow? I mean, who put them there or who waters them & takes care of them? (Neighbors, mom/dad, gardeners, etc..)

SAY: Huh. That's interesting - sounds like flowers need to be taken care of to grow!

ASK: But I have another question - what about flowers that grow in a field where people don't live? Who takes care of them then? (God)

SAY: That's right! God takes care of them - He puts them in a place where they will grow, where they can get sunlight and where rain can fall on them so they can grow into beautiful flowers for us to see!

< Hold up a picture of or a stuffed animal/bird >

ASK: Now what about this bird/animal? Who takes care of it? (God) How can you tell He takes care of it? (He provides it with what it needs, etc.)

SAY: That's right - God takes care of the birds by feeding and sheltering them, just like how He takes care of the flowers too!

ASK: Now, what does the Bible say about how much God loves you? Does He love you more than the birds & beautiful flowers? (Yes!)

CONCLUDE: You bet He loves you more than those birds & flowers - He sent Jesus all the way from heaven to take care of us forever! Wow - God must love us so much - that makes me want to thank Him & praise Him. So the next time you see a bird or some flowers, I want you to remember how good God is at taking care of even those little birds & flowers & then I want you to think about how much more you mean to Him & that He promises to take care of you because He loves you! (read Scripture below)

SCRIPTURE: Matthew 6:26, 28, 31 & 33 "Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ...And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin... So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?...'But seek first his kingdom and his righteousness, and all these things will be given to you as well."

REVIEW: Q5: Why are you to glorify God?

A5: Because he made me and takes care of me..

CLOSING PRAYER: "Dear God, thank you for making us & the birds & the flowers. Thank you for taking care of us. You are so, so good to us! Thank you for loving us & giving us the Bible to learn about you. We love you. Amen."

IDEAS FOR THE WEEK

Below are a few songs, stories, activities, etc. to help reinforce the lesson & theme throughout your daily lives. Feel free to choose as many or as few activities as you and your little are able and willing to do. Every family is different so don't feel pressure to try to complete all of the activities, but if your child is engaged, go for it!

SING:

["Q4-5" from "Ask Me Whooo"](#) by Diana Beach Batarseh

["He Loves Us"](#) by Ellie Holcomb from Sing Creation Songs

["Psalm 106:1"](#) by The Corner Room from Remember & Proclaim

["Psalm 23"](#) by The Corner Room from Remember & Proclaim

READ/WATCH:

- + Read Psalm 23 together or watch ["The Lost Sheep"](#) by Saddleback Kids; discuss how God is our good shepherd & takes care of us.
- + Read about the story of Daniel & the lion's den or watch "Daniel" by Saddleback Kids; discuss how God took care of Daniel even when it was a little bit scary for Daniel & how Daniel still trusted & obeyed God because he loved Him.
- + "Found: Psalm 23" by Sally Lloyd-Jones (copies available for check out at the church)

DO:

Practice reciting this week's catechism during your meals together this week.

Bake our Cookie Of The Week recipe with your little. Take the time to talk about the lesson, about God, etc. (i.e. "Today we are making rainbow cookies! Did you know that God made the rainbow in the sky just for us? It reminds us of His goodness to us & how He always keeps His promises. He is such a good God!", etc.). Enjoy the messy, but special time together!

For older littles: Get some butcher/roll of paper & markers, or go outside with chalk on your sidewalk/driveway. Have your little lay down and trace them with either markers or chalk. Then have your little draw their faces - talk

about how God made each part of them. BONUS: have your little draw (or use stickers) the different ways that God takes care of them (i.e. house, family, favorite food, cookies, etc.).

For younger littles: Get out a baby doll, or a stuffed animal & play-act how to take care of it with your little (pretend to feed it, hug it, etc.). Be sure to talk about how we take care of it because we love it so much, just how God takes care of us because He loves us so much.

Q.5

COOKIE CRUMBS & CATECHISM





Why are you to glorify God?



Because he made me and takes care of me.



INSTRUCTIONS

1. Preheat the oven to 350 degrees Fahrenheit. Line two large, rimmed baking sheets with parchment paper or silicone mats for easy clean-up.
2. In a large mixing bowl, combine the peanut butter with the sugar and coconut oil. Use an electric mixer or a large spoon to mix until well combined. Add the eggs, baking soda and vanilla, and mix well. Add the oats and chocolate chips and mix until they're evenly incorporated.
3. Working with an ice cream scoop or 1/4 cup measuring cup, drop the cookies onto the prepared baking sheets. These cookies spread while baking, so leave several inches around each (I can bake six at a time). If they are irregularly shaped at the base, gently shape them into a more rounded mound. If you'd like your cookies to look extra pretty, dot a few extra M&M's and chocolate chips on each

MONSTER COOKIES

YIELD
~18 cookies

INGREDIENTS

- 1 1/2 cup creamy or chunky peanut butter (that's one full 16-ounce jar minus 1/4 cup)
- 2 1/2 cup packed coconut sugar or 2 cup lightly packed brown sugar
- 1/3 cup melted coconut oil or 5 tablespoon melted butter
- 3 large eggs
- 2 teaspoon baking soda
- 2 teaspoon vanilla extract
- 2 1/2 cup quick-cooking oats or old-fashioned oats (certified gluten-free if necessary)
- 3/4 cup bittersweet chocolate chips
- 3/4 cup candy-coated chocolates (like M&M's) or additional chocolate chips
- *Optional:* flaky sea salt, for sprinkling

mound of dough before baking.

4. Bake 10 to 12 minutes, until they're just starting to turn golden around the edges. Do not overbake. Let the cookies cool for 10 minutes before transferring to a cooling rack. In the meantime, bake your next six cookies, and so on.
5. If desired, sprinkle the cookies lightly with flaky sea salt. Let them cool completely before storing them in an airtight container. Cookies will keep well for several days at room temperature.
- 6.

Cookie Recipe: [Cookie & Kate](#)